

**Thursday, 19 September 2019**  
**Venue: Faculty of Medicine and Health Sciences, UMS**

---

- 1.00-2.00pm : Conference Registration
- 2.00-4.00pm : Workshop 1:  
Workshop on Collaborative Management of Psychotic Symptoms Associate Prof.  
Dr. Wendy Shoesmith, Dr. Loo Jiann Lin Dr. Nicholas Pang Tze Ping
- Workshop 2:  
Enabling Communities for Positive Health Promotion  
Prof. Nov Rattan Sharma & Associate Prof. Dr. Balan Rathkrishnan
- 4.00pm : Coffee Break

**Friday, 20 September 2019**  
**Venue: Faculty of Medicine and Health Sciences, UMS**

---

- 7:30-8:15am : Registration | On-Site-Payment |  
Seating in Auditorium Faculty of Medicine and Health Science
- 8.10am : Arrival of the Universiti Malaysia Sabah (UMS) Top Officials
- 8.20am : Arrival of the UMS Vice-Chancellor  
**PROF. DR. TAUFIQ YAP YUN HIN**
- 8.30am : Arrival of the Minister of Education and Innovation of Sabah  
**DATUK DR. YUSOF YACOB**
- 8.35am : Opening Ceremony Malaysia National Anthem  
Welcoming Address by the:  
1)President of Asian Society of Health Psychology (ASHP 2019)  
**PROFESSOR DR. KYOKO NOGUCHI**  
2)Vice-Chancellor UMS  
**PROF. DR. TAUFIQ YAP YUN HIN**  
3)Opening Speech by the Minister of Education and Innovation of Sabah  
**DATUK DR. YUSOF YACOB**
- 9.30-10am : Coffee Break
- 10.00-10.45am : Keynote 1:  
The Impact of Psychosocial Factors on Back Pain  
**Professor Dato' Dr. Mohammad Abdul Razak (MAL)**
- 10.45-11.30am : Keynote 2:  
Reactions to Mental Illness in Sabah  
**Associate Prof. Dr. Wendy Shoesmith (UK/MAL)**

- 11.30 -2.00pm : Lunch & Friday Prayers
- 1.30-2.00pm : Poster Presentation 1
- 2.00-4.00pm : Symposium
- 2.00-4.00pm : Workshop 3:  
Systematic Treatment Selection: 8 Core Evidence -Based Principles into Clinical Applications Including Evidence from Taiwan and Japan  
**Professor Dr. Satoko Kimpara – (JAPAN/USA)**
- 2.00-2.45pm : Keynote 3:  
The New Research Area of the Psychology of Sustainability and Sustainable Development and the New Pillar of the Psychology of Harmonization in Promoting Health and Well-Being with the Environment and in Different Environments: Empirical Results  
**Professor Dr. Annamaria Di Fabio (ITALY)**
- 2.45-3.30pm : Keynote 4:  
Mental Health Promotion Through Branding Strategies: Promotion Beyond Prevention  
**Associate Professor Dr. Koji Takenaka (JAPAN)**
- 3.30-6.00pm : Concurrent Session 1

**Saturday, 21 September 2019**

**Venue: Faculty of Medicine and Health Sciences, UMS**

---

- 8.30-9.15am : Keynote 5:  
Secrets of Long Life, Health and Happiness: Psychological, Neurobiological and Cultural Perspectives  
**Professor Dr. Uichol Kim (SOUTH KOREA)**
- 9.15-10.00am : Keynote 6:  
Asian Perspectives related to the Importance of Happiness for Comprehensive Health  
**Associate Professor Dr. Yoshiyuki Tanaka (JAPAN)**
- 10.00-10.30am : Coffee break
- 10.30-11.15am : Keynote 7:  
Emotion Regulation and Cognitive Enhancement in Daily Life – Arts of Chinese language  
**Professor Dr. Buxin Han (CHINA)**
- 11.15-12.00pm : Keynote 8:  
Changing Care Programs of the Aged Disabled Persons in the South Asian Countries  
**Professor Dr. Anwarul Hasan Sufi (BANGLADESH)**
- 12.00-1.00pm : Lunch

- 1.00-1.45pm : Keynote 9:  
Challenge for Fostering Organization Health and Employees' Well-Being in  
Japan: Development of the Comprehensive Health Check for Workers (CHCW)  
Questionnaire  
**Professor Dr. Akira Tsuda (JAPAN)**
- 1.45- 2.15pm : Poster Presentation 2
- 2.15-5.00pm : Concurrent Session 2
- 5.00pm : Closing Ceremony