



# ACHP2019

## International Conference

7th Asian Congress of  
Health Psychology (ACHP)  
19-21 SEPTEMBER 2019



## Concurrent Session

Organizer:



**UMS**  
UNIVERSITI MALAYSIA SABAH

Faculty of Medicine and Health Sciences  
Faculty of Psychology and Education

**CYBERJAYA UNIVERSITY COLLEGE**  
of MEDICAL SCIENCES

Nurturing the Passion to Care  
Department of Psychology



In Joint Collaboration with

Japanese Association of  
Health Psychology  
(JAHP)

Korean Health  
Psychology Association  
(KHPA)

**FRIDAY, 20 SEPTEMBER 2019 (DAY 2)**

Session	Concurrent Session 1A
Theme	Well Being and Health Promotion
Chairman	Rizwana Amin
Time	3.30pm - 5.00pm
Place	Seminar Room 1, Ground Floor (BlockB)
Titles & Presenters	
1.	<b>Personal Factors Influencing Well-Being of Heart Failure Patient's Caregiver</b> Rizwana Amin, Saima Dastgeer, Isbah Saleem, Abu Bakar Saad
2.	<b>Translation Of Mindfulness Exercises Into A Major Indigenous Language Of Borneo To Increase Access To Psychotherapy: An Experiential Description And Future Directions</b> Evelyn Annol, Nicholas Pang, Wendy Shoesmith, Sandi James, Eugene Koh, Jiann Lin Loo, Beatrice Ng, Kwong-Yan Soh.
3.	<b>Effect Of Chocolate Malt Drinks(Milo) on Total Body Muscular Endurance Performance Among Healthy Men</b> Md. Safwan Samsir, Howie H. Saikol
4.	<b>Social Support In Nursing Care of Tubercular Patients In Central Java, Indonesia Towards Improved Patient's Well-Being</b> Fiane de Fretes, Edreck D. Estioko, RN, DNM
5.	<b>Influence Of Emotional Intelligence, Spiritual Well-Being And Social-Connectedness On Psychological Wellbeing Of Indian School Dropouts At Myskills Foundation</b> Vijaya Ratinam Ramah, Balan Rathakrishnan

Session	Concurrent Session 1B
Theme	Sport Related Psychology
Chairman	Fadzel Wong Chee Ping
Time	3.30pm - 5.00 pm
Place	Seminar Room 2, Second Floor (Block B)
Titles & Presenters	
1.	<b>Effect of China Ginseng on Endurance Performance, Core Temperature and Hydration Status in Malaysian Athletes</b> Fadzel Wong Chee Ping
2.	<b>Relationship Between Stress And Happiness On Mental Well Being Among Pra-University Student Athletes In Malaysia</b> Roxana Dev Omar Dev
3.	<b>Are You OK? Understanding Mental Health in Malaysian Elite Sports</b> Philip Lew Chun Foong
4.	<b>Prevalence And Distribution Of Musculoskeletal Disorders Among Secondary School Children In Sabah</b> Nurkhaidaratul Binti Abdul Halik, Ismail Maakip, Peter Voo
5.	<b>The relationships between risk factors and musculoskeletal disorders among teachers: An exploratory investigation in Malaysia</b> Ng Yi Ming, Peter Voo Su Kiong, Ismail Maakip

Session	Concurrent Session 1C
Theme	Health-Related Behavior
Chairman	Karl Peltzer
Time	3.30pm - 5.00pm
Place	Seminar Room 3 , Second Floor (Block B)
Titles & Presenters	
1.	<b>Leisure-Time Sedentary Behaviour is Associated with Psychological Distress and Substance Use among School-Going Adolescents in Five ASEAN Countries: A Cross-sectional Study</b> Karl Peltzer
2.	<b>Approach on Physical Activity among Spouses of Expatriates in Malaysia</b> Sanjida Haque Tazkia
3.	<b>The Role of Knowledge, Attitude, and Subjective Norm as Predictors of Intention to Obtain HPV Vaccine</b> Amelia Citra Kirana, Sali Rahadi Asih
4.	<b>Looking at alcohol differently: Harm reductions in cultures with a strong cultural connection to alcohol.</b> Sandi James
5.	<b>The effect of hypnotherapy on exam anxiety among nursing students</b> Farrahdilla Hamzah, Khairi Che Mat & Safiya Amaran

Session	Concurrent Session 1D
Theme	Stress, Illness, and Health
Chairman	Nor Ba'yah Abdul Kadir
Time	3.30pm - 5.00pm
Place	Seminar Room 4, Third Floor (Block B)
Titles & Presenters	
1.	<b>The association between domains of stress and depression among adolescents in Selangor, Malaysia</b> Nor Ba'yah Abdul Kadir & Diana Johan
2.	<b>Examining developmental assets and neighborhood assets contribution for adolescent's antisocial behavior in Malaysia</b> Nor Ba'yah Abdul Kadir, Suzieyana Idris & Mohd Suhaimi Mohamdd
3.	<b>Stress and Well-Being among Nurses in Sabah: An Explanatory Study.</b> Chin Lee Mei @ Mary Tan, Dahlan Malik, & Ismail Maakip.
4.	<b>Heart Rate Variability Measured From Photoplethysmography During Mental Stress Test</b> Noor Aimie-Salleh, Nurul Aliaa binti Abdul Ghani
5.	<b>Wearable Heart Rate Variability Monitoring System Using Photoplethysmography Sensor For Mental Stress Assessment</b> Noor Aimie-Salleh

Session	Concurrent Session 1E
Theme	Education Psychology - 1
Chairman	Nur Hazwani Binti Abdul Rahman
Time	3.30pm - 5.00pm
Place	Seminar Room 5, Third Floor (Block B)
Titles & Presenters	
1.	<b>Penggunaan Strategi Pembelajaran Aktif Teknik True Match Terhadap Pemahaman dan Penguasaan Pelajar dalam Pembelajaran dan Pemudahcaraan (PdPC) Sejarah</b> Nur Hazwani Binti Abdul Rahman
2.	<b>Penggunaan Mnemonik Matematik Untuk Meningkatkan Pemahaman Dan Penguasaan Topik Sejarah Perkembangan Di Eropah: Satu Kajian Tindakan Di MRSM Kota Kinabalu</b> Nurul Asyikin Binti Hassan
3.	<b>Does Gender and Experience Teaching Special Children Impact Teachers' Knowledge on ADHD?</b> Lee Shu Chin, Junaidah Yusof, Muthualagan Thangavelu
4.	<b>Scaffolding: BBM Kit SawaPu membantu murid menguasai tajuk nombor dan bilangan bagi Mata pelajaran Bahasa Arab</b> Nurfazhillah Binti Sabit
5.	<b>Healthy Living Practices Among Educational Postgraduate Students'</b> Soon Singh Bikar Singh, Balan Rathakrishnan

Session	Concurrent Session 1F
Theme	Child and Family Psychology-1
Chairman	Lailawati Madlan
Time	3.30pm - 5.00 pm
Place	Simulation Room, Ground Floor (Block B)
Titles & Presenters	
1.	<b>Examining the Emotional Intelligence among Children in Children's Home: A Survey in Sabah, Malaysia</b> Lailawati Madlan, Muhammad Idris Bullare, Alfred Chan Huan Zhi, Nur Farhana Ardillah Aftar & Adeymend Reny Japi
2.	<b>Relationship Between Parents' Marital Quality And Attitude Towards Marriage Among Young Adults</b> Tan Yen Teng Crendy, Lim Kai Lee
3.	<b>Family and school factors correlated with the internalizing and externalizing behavior problems among Japanese boys and girls</b> Noboru Iwata
4.	<b>Caregiver burden, marital satisfaction and social support in parents of children with Autism Spectrum Disorder and Intellectual Disability</b> Dipti Thakur
5.	<b>Uncovering Korean Adolescents' Suicide with Text Mining and Machine Learning.</b> KangWoo Lee, Hyun Ju Hong

**SATURDAY, 21 SEPTEMBER 2019 (DAY 3)**

Session	Concurrent Session 2A
Theme	Health and Quality of Life
Chairman	Takaki Rana
Time	2.15pm - 5.00pm
Place	Seminar Room 1, Ground Floor (Block B)
Titles & Presenters	
1.	<b>Comparison of self and proxy-report versions of the PedsQL 4.0 in children with thalassemia</b> Putu Getsha Pradnyan Rarasati Mudita, Fredrick Dermawan Purba, and Aulia Iskandarsyah
2.	<b>Experiences and support needs of parents with food-allergic children: A case study protocol</b> Takaki Rana, Takenaka Koji, Matsui Tomoko, Watanabe Noriko, Yoshida Ryo, Ota Yuko, Ong Wei Ling
3.	<b>Positive Impacts Of Islamic Inabah Drug Rehabilitation Programme On Religiousness And Health-Related Quality Of Life Profiles</b> Pei Lin Lua, Nor Afiqah Ahmad Nasrulddin, Abdul Manam Mohamad
4.	<b>The Role of Research Self-Efficacy on Undergraduate students' Attitudes toward Research</b> Hamra Zulfikar
5.	<b>Investigation on the application of mental health resources on campus and the status of depression in junior and senior high school students in 6 municipalities of Taiwan</b> Chih-Tsai Chen
6.	<b>Cultural Life Scripts for Highly Positive and Negative Life Events in a Malaysian Sample</b> Khadeeja Munawar, Shamsul Haque



Session	Concurrent Session 2B
Theme	Health-Related Behavior
Chairman	Siti Nurafif Bt Naim
Time	2.15pm - 5.00 pm
Place	Seminar Room 2, Second Floor (Block B)
Titles & Presenters	
1.	<b>Intention To Seek Counselling: Attitude, Stigma And Bond In The Relationship</b> Siti Nurafif Bt Naim
2.	<b>Preliminary development and validation of dual scales measuring beneficial and harmful fortitude</b> Pentti Henttonen, Emilia Lahti, Julius Väliäho, Anita Honka, Johanna Närväinen, Amy Nielson, Ilmari Määttänen
3.	<b>An Experiment of Psychological Effect of Touching-Measuring the Change of Mood by TDMS- at Pre and Post Application of Touching on Shoulders, Side of the Body, and Ankles-</b> Chigusa Theresa Yachi, and Taichi Hitomi
4.	<b>Facial expression while in pain: the differences between two socioeconomic groups</b> Octaviani I. Ranakusuma, Guritnaningsih Santoso
5.	<b>Reducing Adverse Symptoms in Patients Suffering from Type 2 Diabetes</b> Seyed Reza Alvani
6.	<b>Improving Depression, Anxiety and Distress symptoms in Patients Type 2</b> Seyed Reza Alvani

Session	Concurrent Session 2C
Theme	Psychopathology and Mental Health
Chairman	Margaretha Sih Setija Utami
Time	2.15pm - 5.00 pm
Place	Seminar Room 3, Second Floor (Block B)
Titles & Presenters	
1.	<b>Are Somatic And Psychological Symptoms Of University Students Predicted By Perceived Negative Acts?</b> Margaretha Sih Setija Utami, Damasia Linggarjati Novi Parmitasari
2.	<b>Association Between Emergency Caesarean Section, Earlier Order Of Birth, High Parental Age Gap and Autism Spectrum Disorder Among Malaysian Children: A Case-Control Study</b> Jo Ann Andoy Galvan, Prabhagari Nair Ramalingam, Muhammad Aminul Syahmi bin Shobri, Kumarappan Chidambaram, Muhammad Sabri Sharir Karuthan Chinna
3.	<b>Course and prevalence of comorbid mood disorders among long term cancer survivors</b> Caryn Mei Hsien Chan
4.	<b>Social identity of Santri: a Case Study in Politics</b> Min Hajul Abidin, Mustadin Taggala
5.	<b>Mental Health and Psychosocial Support (MHPSS) for Rohingya Refugee: A Case Study of Friends In Village Development Bangladesh (FIVDB), Cox's Bazar, Bangladesh</b> MD. Kamrujjaman, Md. Mohiuddin Sarder, Prasun Roy

Session	Concurrent Session 2D
Theme	Child and Family Psychology-2
Chairman	Segaran Ramodran
Time	2.15pm - 5.00 pm
Place	Seminar Room 4, Third Floor (Block B)
Titles & Presenters	
1.	<b>Universiti Malaysia Sabah Undergraduate Nurses Perception Of Child Marriage</b> Segaran Ramodran, Norkiah Arsat, Mazlinda Musa, Rohani Mamat
2.	<b>Effectiveness of the Attachment Q Sort on Healthy Relationships between Mothers and Children with Developmental Disorders</b> Nanami Mizutani, Toshihiko Tsutsumi, Ayane Kondo
3.	<b>Performance and agreement of self and proxy-report versions of the EQ-5D-Y in children with thalassemia</b> Fredrick Dermawan Purba, Putu Getsha Pradnyan Rarasati Mudita
4.	<b>The dual-factor model of mental health for Japanese adolescents: Latent growth curve analyses of psychosocial outcomes</b> Naomi Yoshitake & Masumi Sugawara
5.	<b>The Stress Reduction and Relaxation Effect of Touching -Wrapping a Hand of an Experiment Participant by both Hands of a Practitioner-</b> Taichi Hitomi

Session	Concurrent Session 2E
Theme	Education Psychology - 2
Chairman	Muhamad Karimi Sulaiman
Time	2.15pm - 5.00 pm
Place	Seminar Room 5, Third Floor (Block B)
Titles & Presenters	
1.	<b>Correlates of Achievement in Statistics Courses: A comparison between Psychology and Mass Communication students</b> Muhamad Karimi Sulaiman, Harris Shah Abd Hamid, Jusmawati Fauzaman
2.	<b>Pengaruh Media Berunsur Agresif Dan Kesannya Terhadap Tingkah Laku Pelajar Sekolah Menengah</b> Azizi Hj Yahaya, Hanun Ahmad , Ismail Maakip, Balan Rathakrishnan, Peter Voo
3.	<b>Cabaran Guru Belajar Separuh Masa dan Berkerja Sepenuh Masa</b> Christina Andin, Rosmiza Mohd Zainol, Kelly Celestine Liong Abdul Said Ambotang
4.	<b>Kepimpinan Pengajaran Guru Besar, Kompetensi Profesionalisme Guru, Kompetensi Peribadi Guru Dan Hubungannya Dengan Efikasi Pengajaran Guru Sekolah Rendah Di Zon Pedalaman Sabah</b> Serirama Ebbie, Roslee Bin Talip, Dayang Norizah Ag Kiflee@Dzulkifli
5.	<b>Hubungan antara Aktiviti Fizikal Lazim, Beban Kerja dan Kesyukuran Terhadap Kepuasan Kerja Di Dalam Kalangan Pensyarah Di UMS</b> Balan Rathakrishnan, Soon Singh, Azizi Yahya

Session	Concurrent Session 2F
Theme	Organizational Psychology
Chairman	Emiko Yamamoto
Time	2.15pm - 5.00 pm
Place	Simulation Room 6, Ground Floor (Block B)
Titles & Presenters	
1.	<b>Extraction of management skills on safety of nursing homes for managers of nursing homes in Japan (Pilot study)</b> Emiko Yamamoto, Kaori Hatanaka Tomoko Tanaka, Yoshimi Hyodo
2.	<b>Does Work-family Conflict Predict Dangerous and Distracted Driving among Drivers?</b> Madiah Shukri
3.	<b>Personality Traits Of House Officers And It's Association With Their Mental Health</b> Munirah Ismail, Hashimah Abdul Razak, Mohd Mustaza Mohd Zin, Muhd Fahmi Abd Talib, Nursyahda Zakaria, Lee Kun Yun
4.	<b>Work Environment, Job Stress, Professional Burnout, And Turnover Rate: A Comparison Between Malaysian And Taiwanese Early Childhood Educators</b> Ling Ker Sing
5.	<b>The Roles Of Social Worker In Post Flood Disaster Management In Dayeuhkolot District Bandung Indonesia</b> MD. Kamrujjaman
6.	<b>Impacts of Cultural Diversity Age, Gender, Religion and Education on the Performance of Worker in Nigeria Healthcare Centre: A Study of Federal Medical Center Asaba.</b> Yekeen Ayoola Sulaimon